Nutrition: Processed vs. Unprocessed Foods Research Guide

1. DVD
      1. Documentary about the US food industry. DVD includes additional resources.

2. E-Books

3. Journal Titles
   1. Food, Culture, and Society: An International Journal of Multidisciplinary Research
      1. Peer-reviewed. Available through Ebsco (via Galileo)
   2. Nutrition in Clinical Care
   3. Journal of Hunger and Environmental Nutrition
   5. The Open Nutrition Journal
   6. Nutrition and Metabolism
   7. Environmental Nutrition
   8. Alive
   9. Food and Nutrition Research
   10. Journal of the American College of Nutrition
   11. Journal of Nutrition Education
   12. Journal of Nutrition Education and Behavior
   13. Better Nutrition
   14. Food and Nutrition
   15. Topics in Clinical Nutrition
   17. Food and Foodways
   18. Nutrition Forum
   19. American Journal of Clinical Nutrition
   20. Nutrition Today
   21. International Journal of Food Sciences and Nutrition
   22. Family Economics and Nutrition Review
   23. Food, Nutrition, and Agriculture
   24. Current Nutrition and Health Forum
   27. Nutrition and Health

4. WWW Databases
1. The ERS Food Consumption database includes three distinct but related data series on food and nutrient availability for consumption. The data serve as popular proxies for actual consumption. Data are now provided through 2008 at the national level.

   1. Analyses of US food consumption trends, dietary patterns, and the relationship between food intake and nutritional/health outcomes. Also includes data systems and resource recommendations.

   1. Use online or download a pdf. Nutritional content of 7,538 foods. Searchable.

5. Web Resources
   1. Yale Rudd Center for Food Policy and Obesity. [http://www.yaleruddcenter.org/](http://www.yaleruddcenter.org/)
      1. Michael Pollan is the John S. and James L. Knight Professor of Journalism at UC Berkeley's Graduate School of Journalism, and the director of the Knight Program in Science and Environmental Journalism. He is a widely published and respected author of both articles and monographs on the subjects of food and culture. His website includes articles, blog entries, and links to informative and authoritative website and information sources for research in food and nutrition.
      1. Non-profit. Stated "goals of promoting the interdisciplinary study of food and society". Publishes Food, Culture and Society. News items, Food Studies Links, members listserv.

6. Articles

7. Subject Terms
   1. Nutrition
   2. Nutrition policy -- United States
   3. Health promotion -- United States
   4. Obesity -- prevention & control
   5. Health promotion -- methods
   6. Food industry and trade -- United States
   7. Food industry and trade -- Quality control
8. Food prices -- United States

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